

Privileged Disengagement

George Floyd. Brianna Taylor. Ahmaud Arbery. Hyun Jung Grant. Paul Andre Michels. Christina Yuna Lee.

These names of murder victims of color show us that we, as a country still have a long way to go to fight racism.

On average, Black men in the US receive sentences that are 19.1% longer than those of white men convicted for the same crimes.

Seven in ten transgender people (70%) report being impacted by transphobia when accessing general health services.

Black women are 3 to 4 times more likely to experience a pregnancy-related death than white women, even at similar levels of income and education.

These facts of systemic inequalities show us that we as a county still have a long way to go to fight to be equitable to all.

In times like these it's not uncommon to feel burnt out by what we see in the news, on social media, and all around us. This burnout and compassion fatigue can sometimes cause feelings of needing to step away from it all and disengage. While self-care and setting boundaries is healthy and very important, it is also important to remember that being able to disengage and turn an eye away from things like racism, sexism, and other inequalities are a privilege and a luxury that not all our community members have. As an ally, one needs to continue to work towards finding opportunities for equality, representation, and inclusion for all, and if you identify as one of the marginalized communities that is constantly made to feel isolated and silenced, now more than ever is the time to have all voices heard.

Learn more about privileged disengagement and what you can do to combat it, check out this month's learning board included with the DEI newsletter.

Events this Month:

9 International Day of The World's Indigenous People

The International Day of the World's Indigenous People is celebrated by having people from different nations participating in activities to gain an appreciation and a better understanding of indigenous peoples.



DIVERSITY, EQUITY AND INCLUSION CALENDAR

AUGUST 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 Birthday of Barack Obama	5	6
7	8	9 International Day of the World's Indigenous People	10	11	12	13
14	15 Feast of the Assumption (Roman Catholic)	16	17	18 Birth of Lord Krishna (Hindu)	19	20
21 World Senior Citizen's Day	22	23	24	25	26 Women's Equality Day	27
28	29	26	30 Al-Hijri (Islamic)			

RECOMMENDED READS:

Right Within: How to Heal from Racial Trauma in the Workplace

Nice Racism: How Progressive White People Perpetuate Racial Harm

White Fragility: Why It's So Hard for White People to Talk About Racism

Let's Talk About Race (and Other Hard Things)

Anti-Racist Ally: An Introduction to Activism and Action