

Hosted By  
**NWWA Diversity  
& Well-Being  
Committee**

# Happy Holi!

## Colby Food Celebration

Holi, which dates back to the 4th century, is one of India's most joyful celebrations. It offers an opportunity for joy and a new life, and to honor the transition to spring after a long winter. To celebrate this transition, residents joyfully shower entire villages and cities with bright colored powder.

Each color has its own meaning and represents its own wish. For example, red symbolizes love and fertility, while green represents new beginnings. After the celebration of colors, family and friends gather and celebrate – as most of us do – at the dinner table. They eat traditional foods like chana masala and Indian sweets.

To celebrate Holi and our caregivers who celebrate it, join us on March 13 and 14 at the Colby cafeteria for a celebratory meal that represents the culture and tradition.

*“Holi is a time to reach out with the colors of joy. It is the time to love and forgive. It is the time to express the happiness of being loved and to be loved through colors.”*

– Anonymous

## EVENT DETAILS



**DATE:**  
March 14-15, 2022



**TIME:**  
All Day



### HOW TO PARTICIPATE

Join us on March 13 & 14 at the Colby cafeteria for a celebratory meal that represents the culture and tradition.

### Menu

- Pakora
- Chana masala and naan
- Saffron rice
- Tandori chicken
- Barfi (sweet dessert cake)

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Providence Well-being and Equity  
Efforts [Click Here.](#)

# How to Celebrate

**Can't make it to Colby for the celebration?** Here are a few ways to celebrate Holi with your team at work or at home:

- Set up a poster board in your breakroom (or at home in your living room) where people can write wishes and goals for the coming spring. Send photos to [brooke.chhina@providence.org](mailto:brooke.chhina@providence.org) to share!
- Print Holi coloring pages and leave them with markers in the breakroom for caregivers to color. Not only is it a great way to celebrate Holi, but coloring is a great stress reducer, too!
- During the week of Holi, wear your most colorful clothing as a fun little reminder to find the joy and that spring is on its way!

**Have questions about the Holi food celebration?** Reach out to Diversity, Equity, and Inclusion Committee Lead Brooke Chhina at [brooke.chhina@providence.org](mailto:brooke.chhina@providence.org)