

Hosted By

**NWSA Diversity  
& Well-Being  
Committee**



# WORLD DAY OF THE SICK

## Spiritual Care Celebration

St. John Paul II created World Day of the Sick in 1992 on the feast day of Our Lady of Lourdes. It was established to create a day of reflection on the meaning of illness, pain and suffering – regardless of whether we are healthy or not. We understand that in these days of COVID, staffing crises and burnout, it can be easy to forget the impact and magnitude that comes with working in health care. That is why we invite you, on this year's World Day of the Sick, to take a few moments to recognize and value the spiritual dimension of the important and meaningful work we do here at Providence every day.

At the Colby campus on Feb. 11, the chaplains will offer an overhead prayer to mark the World Day of the Sick at 10 a.m. and 7:15 p.m. There will also be prayer leaflets in the chapel, which is a blessing for the sick. If able, please take a moment throughout your day to listen for one of these prayers. If you do not work at the Colby campus, please see below for some ideas to celebrate within your own team.

If you have any questions about World Day of the Sick, please reach out to Diversity, Equity, and Inclusion Committee Member Brooke Chhina at [brooke.chhina@providence.org](mailto:brooke.chhina@providence.org).

## EVENT DETAILS



**DATE:**  
February 11, 2022



**TIME:**  
All Day



**HOW TO PARTICIPATE:**  
Listen for overhead prayers  
at 10am and 7:15pm

**TO LEARN MORE** About NWSA  
Providence Well-being and Equity  
Efforts [Click Here.](#)

# How to Celebrate with Your Team

1. Share the below reflection video from the Catholic Health Organization's World Day of the Sick celebration from 2021.  
<https://www.youtube.com/watch?v=H3Vj2JpSRRY>
2. Ask your team members to come prepared with a person (they can say the name or just "a friend") of someone they love that may be sick or going through a hard time. During your huddle for the day, take a few moments to share each person's name and offer a small prayer or moment of silence in their honor.