

Hosted By
**NWSA Diversity
& Well-Being
Committee**

BLACK HISTORY MONTH

Black and African American History Month

Colby Cafeteria Food Celebration

"Never be limited by other people's limited imaginations."

— Dr. Mae Jemison, first African American female astronaut

"My humanity is bound up in yours, for we can only be human together."

— Desmond Tutu

To honor Black and African American History month and our Black and African American caregivers, join us on Feb. 21 and 22 at the Colby Campus Cafeteria where we will offer a traditional celebratory meal.

Colby Campus Black and African American History Celebration Menu:

- Shrimp and Cauliflower Grits
- Spicy Okra and Corn Salsa
- Jamaican Jerk Chicken
- Buttermilk Cornbread

If you have questions about this food celebration of Black and African American History Month, please reach out to Diversity, Equity, and Inclusion Committee Member Brooke Chhina at brooke.chhina@providence.org.

EVENT DETAILS



DATE:

Feb. 21-22, 2022



TIME:

All Day



HOW TO PARTICIPATE:

Join us for a traditional celebratory meal at the Colby Campus Cafeteria.

TO LEARN MORE About NWSA Providence Well-being and Equity Efforts [Click Here.](#)

More Ways to Celebrate with Your Team or at Home

1. Support local Black-owned businesses such as:

- Grandma's in the Kitchen Restaurant, Everett
- Touba's Bakery, Everett
- BC Bartholomew Construction LLC, Marysville
- Golden Fleece Billiards, Everett
- Kids Kutz, Everett
- Scooby's Dog Walkin, Everett

2. Donate to charities that support Anti-Racism Equity and Equality such as:

- Black Youth Project
- Loveland Therapy Fund
- Amistad Law Project
- Agape African Senior Services Center
- Soil Generation
- Womanist Working Collective

3. Listen to or read "The 1619 Project" from the *New York Times Magazine*.

It's a historical recounting of the role slavery played in the transformation of America. It showcases the link between slavery and American economics, the adoption and co-opting of Black musicians' work and the struggles and barriers Black and African American people faced receiving health care and land ownership rights.

