

Hosted By  
**NWSA Diversity  
& Well-Being  
Committee**

# Happy Kwanzaa Table Celebration

Kwanzaa is a weeklong celebration from 12/26-1/1 that celebrates and honors the heritage of African Americans. Dr. Maulana Karenga created Kwanzaa in 1966 to promote togetherness and community for African-Americans. There are seven days of Kwanzaa, and each day represents a key principle that is visualized by the lighting of a colored candle on the kinara (candleholder). The seven days are:

- On the first night, the center black candle is lit, and the principle of Umoja, or unity is discussed
- On the second night, the first red candle is lit, and the principle of Kujichagulia, or self-determination is discussed
- On the third night, the first green candle is lit, and the principle of Ujima, or collective work and responsibility is discussed
- On the fourth night, the second red candle is lit, and the principle of Ujamaa, or cooperative economics is discussed
- On the fifth night, the second green candle is lit, and the principle of Nia, or self-purpose is discussed
- On the sixth night, the last red candle is lit, and the principle of Kuumba, or creativity is discussed
- On the seventh night, the last green candle is lit, and the principle of Imani, or faith is discussed

In honor of Kwanzaa, Providence will be setting up a table at our Colby, Pacific, Mill Creek, and Monroe campuses with a traditional kinara and flyers with more information the history of Kwanzaa and how to celebrate it today. Come and visit one of our tables, take some flyers and bring back to your team to learn and celebrate together. Lastly, if you have any caregivers on your team that celebrate Kwanzaa and you would like to do something more to celebrate and honor their traditions, please reach out to brooke.chhina@providence.org and the DEI team can work with you on this. Happy Kwanzaa!

## EVENT DETAILS



**DATE:**  
12/26-1/1



**TIME:**  
All Day



### HOW TO PARTICIPATE:

Come and visit one of our tables, take some flyers and bring back to your team to learn and celebrate together.

**TO LEARN MORE** About NWSA Providence Well-being and Equity Efforts [Click Here.](#)