

Additional Financial Empowerment Resources

Values, Beliefs and Money

Financial Well-Being Survey: This questionnaire will measure your current financial well-being and offer steps that you can take to improve it.

Using Life Values to Set Goals: This tool will help you explore your values and how they impact your financial behaviors.

Putting Goals into Action: Use this tool after completing the CFPB's "Using Life Values to Set Goals" activity. This tool will help you identify specific goals associated with your financial well-being. It will help you hold yourself accountable by asking you to list specific actions that you will take and set a date for when you plan to accomplish those actions.



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